

Discipline of STUDY

“He that studies only men, will get the body of knowledge without the soul; and he that studies only books, the soul without the body. He that **to what he sees, adds observation,** and **to what he reads, reflection,** is in the right road to knowledge, **provided that in scrutinizing the hearts of others, he neglects not his own.**”



Charles Caleb Colton
19th c. English Cleric

Discipline of STUDY

Do not conform to the pattern
of this world, but be transformed
by the renewing of your mind.
Then you will be able to test
and approve what God's will is—his
good, pleasing and perfect will.

Romans 12:2

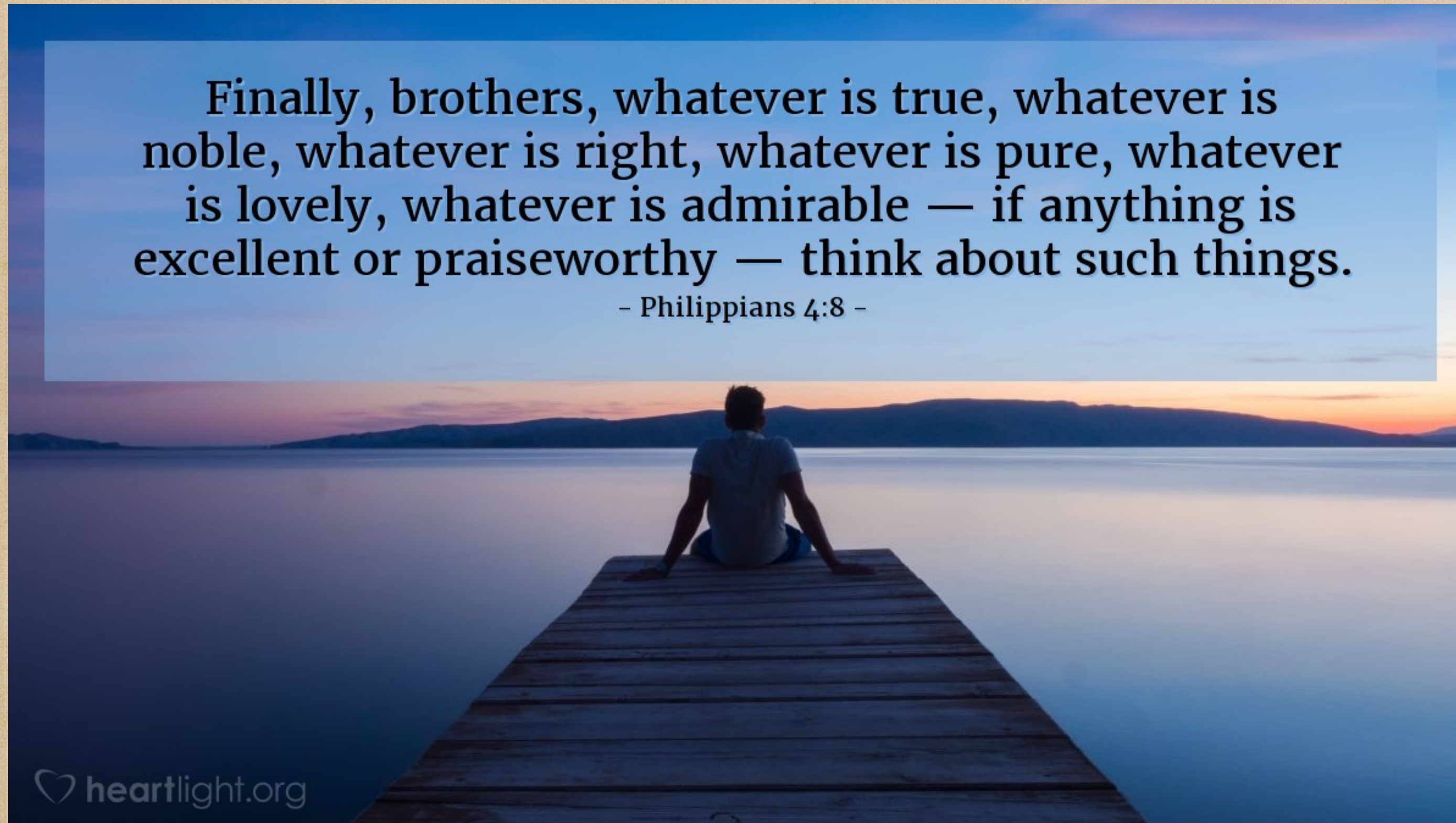
DailyVerses.net



Discipline of STUDY

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things.

– Philippians 4:8 –



AGAIN...

The Purpose of Discipline...

...transformation of the whole person

**...development of new habits formed from of
love of God**



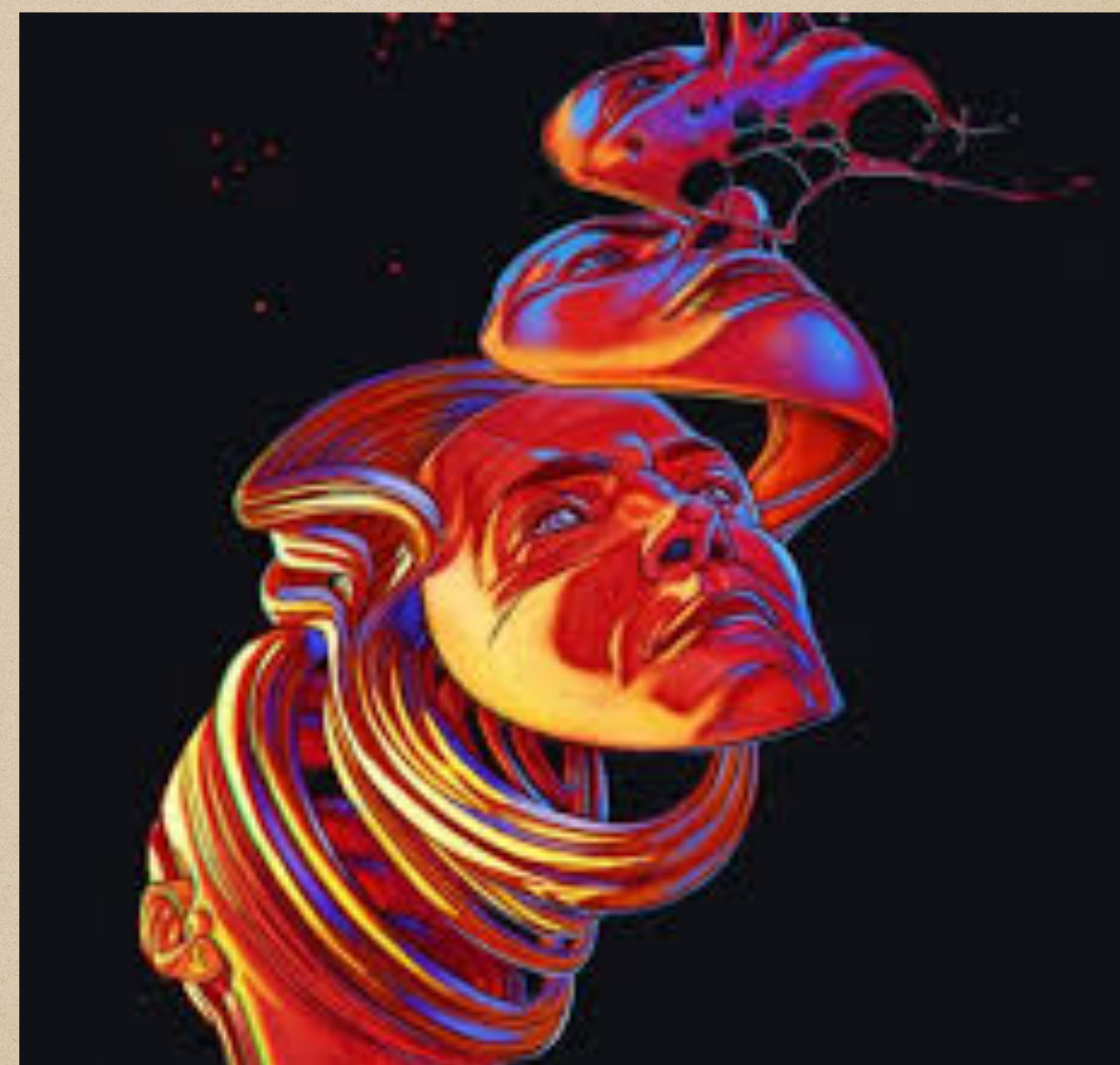
FREEDOM...from not knowing, not understanding...
FREEDOM from ignorance

John 8:31-32

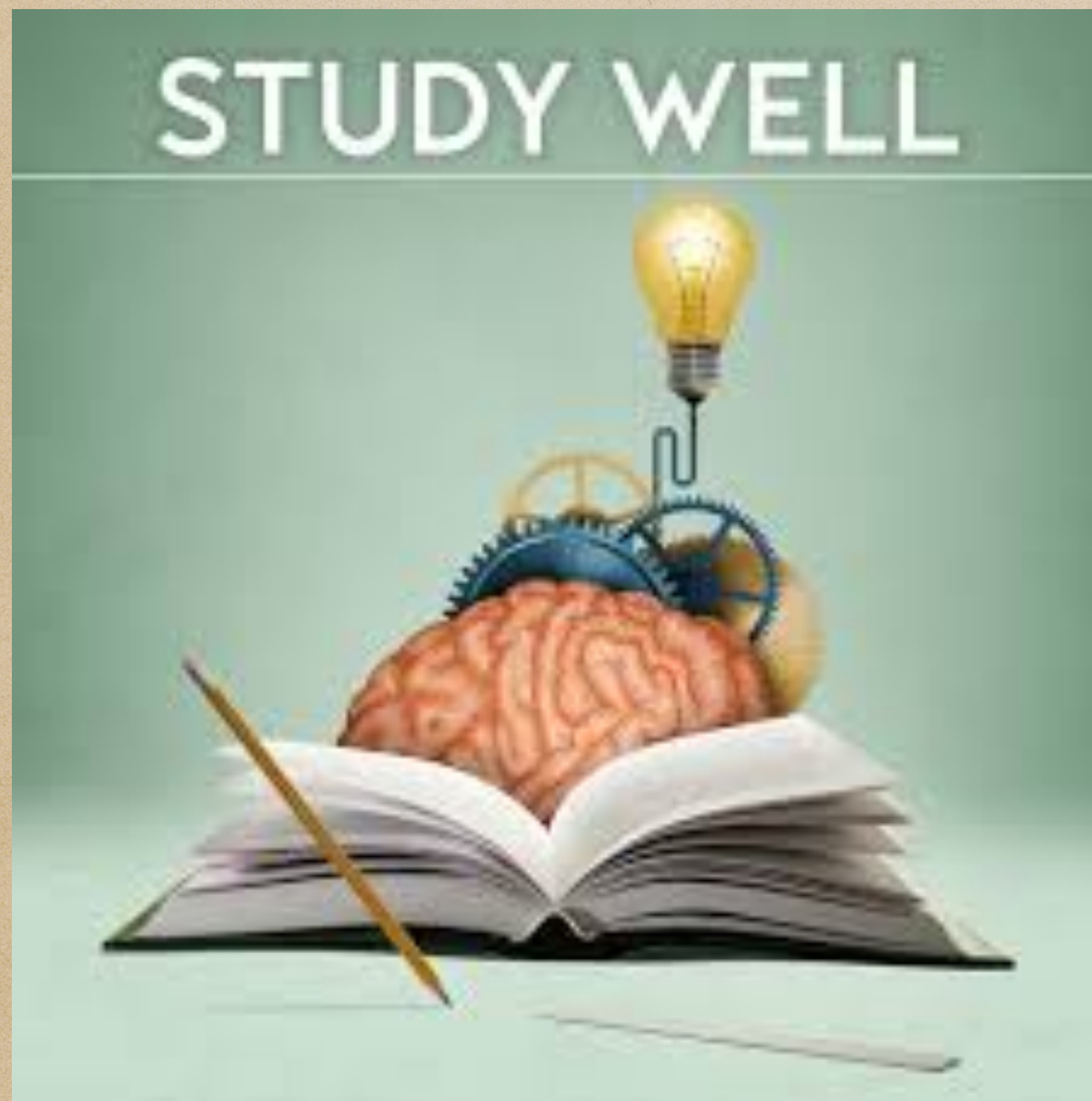
Then Jesus said to the Jews who had believed in him, 'If you continue in my word, you are truly my disciples; and you will know the truth, and the truth will make you free.'

Matthew 23:15

"You traverse sea and land to make a single proselyte, and when he becomes a proselyte, you make him twice as much a child of hell as yourselves."



What is STUDY?



“Study is a specific kind of experience in which through careful attention. The mind is enabled to move in a certain direction. Remember, the mind will always take on an order conforming to the order upon which concentrates.”

~ Foster

Discipline of STUDY

“He that studies only men, will get the body of knowledge without the soul; and he that studies only books, the soul without the body. He that **to what he sees, adds observation,** and **to what he reads, reflection,** is in the right road to knowledge, **provided that in scrutinizing the hearts of others, he neglects not his own.**”



Charles Caleb Colton
19th c. English Cleric

NOTE: Observation & Reflection

AGAIN...

The Purpose of Discipline...

...transformation of the whole person

**...development of new habits formed from of
love of God**



What is STUDY?

...It's not Meditation

Psalm 86:11-12

Teach me your way, O Lord,
and I will walk in your truth;
give me an undivided heart,
that I may fear your name. I
will praise you, O Lord my
God, with all my heart; I will
glorify your name forever.

◆ lectio

(reading slowly)

◆ meditatio

(ruminate)

◆ oratio

(pray and listen)

◆ contemplatio

(listening and rest)



Devotional

Analytical

BOTH ARE VITAL

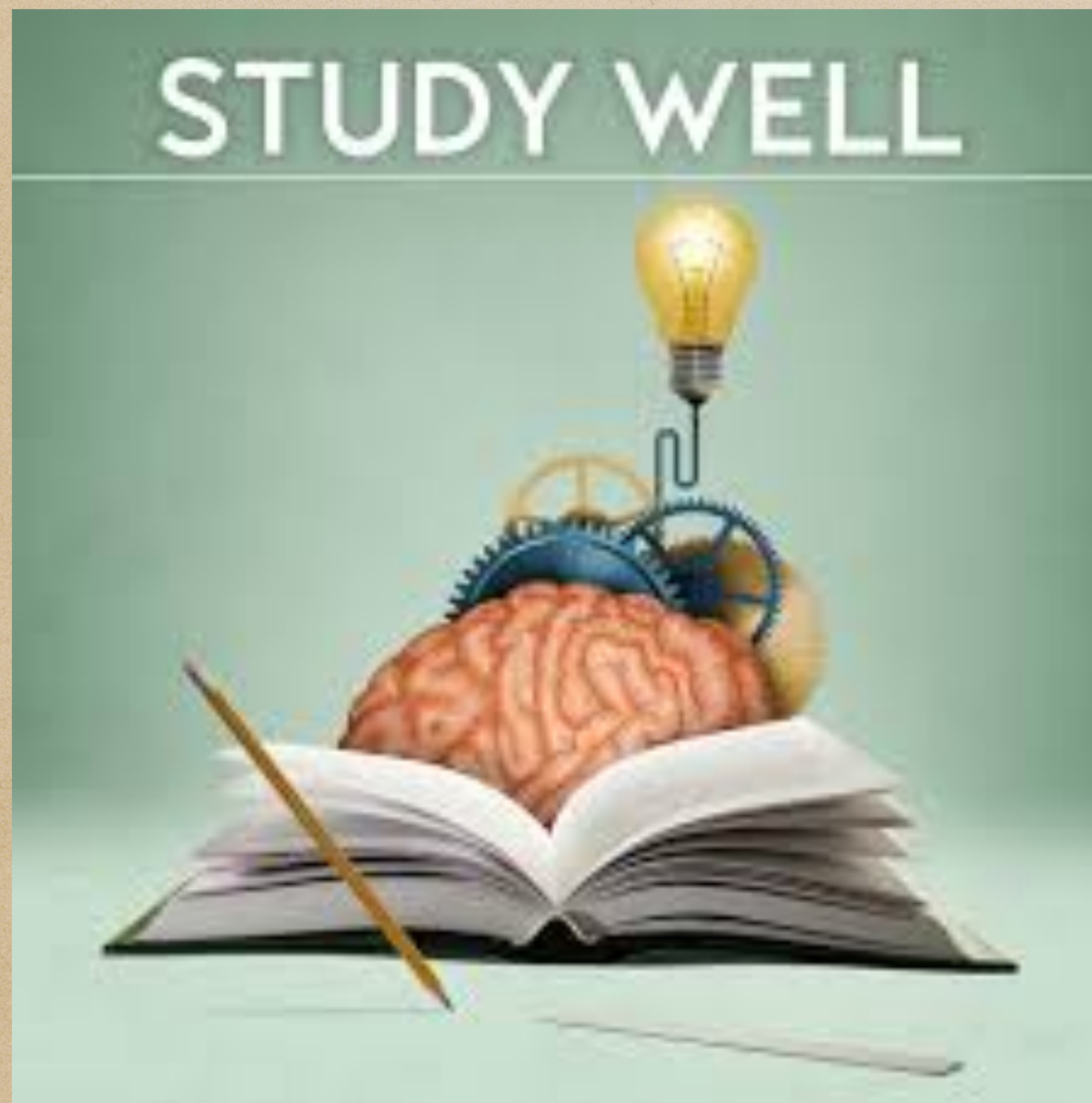
Principal task of STUDY...

“...a perception into the reality of a given situation, encounter, or book.”

– Foster



Observe & Reflect



4 Steps of STUDY
— More than merely reading

1. Repetition

2. Concentration

3. Comprehension

4. Reflection

STUDY therefore demands HUMILITY

“Arrogance and a teachable spirit are mutually exclusive.”

—Foster

Practical Implementation of STUDY

1. Study of Books

2. Study of Nonverbal "Books"

Study of Books (critical thinking)

3 INTRINSIC Rules:

1. Understanding the Book

What is the author saying?

2. Interpreting the Book

What does the author mean?

3. Evaluating the Book

What do I think of what the author is saying?

Study of Books (critical thinking)

3 Extrinsic Rules/Aids to Study:

1. Experience
2. Other books (commentaries, literary classics, etc)
3. Live discussion



Study of Nonverbal “Books”

Observation of things, events, and actions

E.g. — NATURE

1. Reverently pay attention to what’s going on

“As to the object of contemplation, it matters little. From Alp to insect, anything will do provided that your attitude is right.” — Evelyn Underhill




Study of Nonverbal “Books”

Observation of things, events, and actions

E.g. — NATURE

2. Love what you observe

“Love all of God’s creation. If you love everything, you will perceive the divine mystery in things. Once you perceive it, you will begin to comprehend it better every day.”
— Dostoevski (The Brothers Karamozov)



**“If you truly love
nature, you will
find beauty
everywhere.”**

— Laura Ingalls Wilder

CountryLiving



Study of Nonverbal “Books”
Observation of things, events, & actions

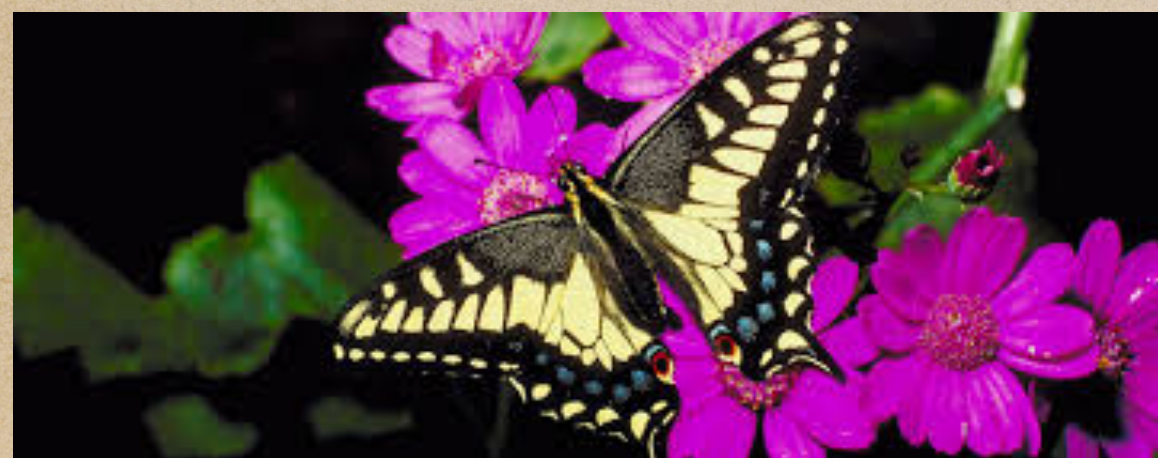


Other nonverbal books:

- People & Relationships at home, work, school, church...
- Ourselves



Ask questions —
PONDER & WONDER!
Think of the Prophets



RESULT of Study — Joy & Gratitude to God

Concludes the 3 Inward Disciplines:

1. Meditation

2. Fasting

3. Study

- Next Week: 2 Outward Disciplines

1. Simplicity

2. Solitude